

Module: Psychology

Number of credits: 12

Subjects:

- 1) General and Developmental Psychology 1
- 2) General and Developmental Psychology 2
- 3) Pedagogical Social Psychology
- 4) Disorders of Personality Development
- 5) Psychological Skills Development

Name of subject: General and Developmental Psychology 1	Credits: 2
Subject Classification: compulsory	
Division of course content in theory and practice: 60% theory and 40% practice	
Types and number of lessons: 5 lectures and 5 seminars <i>Language:</i> English Other methods used during the course: <ul style="list-style-type: none">• digital course material provided through electronic learning system• course outline available electronically• use of online internet resources• use of short psychological tests• psychological mini-experiments• video films	
Method of assessment: exam mark Other means of learning evaluation: <ul style="list-style-type: none">• continuous, active participation during lessons• home work in groups (preparing ppt or pageant)	
Place of subject in the curriculum: first semester	
Prerequisites: none	

Course description:

The aim of this course is to cover the basic theories of general and personal psychology required for a pre-school teacher. In the lectures students will learn about the main figures of psychology and about the main theories of cognition and the mental processes. In the seminars students will get the chance to gain some self-experience about the perceptual illusions and personality test. A significant topic is digital literacy, i.e. the effective use information and communication technologies. Our objective is to have access to information as well as to understand and use it in a critical, competent, precise and creative way. We will re-do some of the major experiments which shaped the history of psychology.

Our themes are the following:

1. Psychology as a science
2. Learning and Conditioning
3. Memory and motivation
4. Personality

5. Emotions and coping with stress

Required and recommended literature:

1. Atkinson & Hilgard (2004) : Introduction to psychology , 14.th Edition, ISBN: 0-15-505069-9
2. Frydenberg, Erica (2017): Coping and the challenge of resilience, Palgrave, Macmillan, ISBN: 978-1-137-56924-0 (e-book)

Required competencies and competency elements that this subject contributes to and helps to develop

○ **Knowledge**

- Students have basic knowledge about the psychological and biological factors and characteristics determining the process of maturation and development of children aged 3-7 as well as the nature of children's learning; show awareness of the importance of early childhood as a developmental phase giving foundation to an individual's life path, its significance in the development of personality, its role in life-long learning, and the methods supporting this development.
- Can understand the utmost significance of play in children's development.
- Can use different strategies and methodology to help the personal development of children aged 3-7 considering their age specific characteristics and individual pace of development.
- Are aware of the operation of administration, data storage, data management, and data supply systems of educational and social services, research institutes, community/non-governmental organizations and parishes.

b) Capabilities

- Adapt their pedagogical, psychological, sociological and methodological expertise as well as a holistic approach to preschool education with consideration to the characteristics of the child and the child's age group.
- Understanding the characteristics of the age group, students should be able to identify and select the appropriate educational goals, tasks and content. Students should furthermore be able to manage, analyse, and evaluate the differentiated pedagogical process.
- Can observe, analyse and record the characteristics of the personality and skills of children aged 3-7, and the socio-cultural determinants of the family environment surrounding them.
- Can support the harmonious personality development of children aged 3-7, and the shaping of their physical, social, and mental skills age-specifically
- Possesses knowledge of effective electronic information search, information processing, information research, information transmission; and can use electronic resources.
- Can structure and analyse digitally collected information; and can see and interpret their connections.

c) Attitude

- Show commitment to the complete health development of children aged 3-7.
- Their personality should be free from prejudice, and characterised by tolerance, social sensitivity, and helping attitude. They have an inclusive and multicultural approach, seek to preserve the cultural identity and support children's integration into their

community.

- Have an open-minded, innovative, and authentic attitude to welcome and transmit digital and technological development and innovation in their special field

d) Autonomy and Responsibility

- Take responsibility for the personality development of children aged 3-7 in a harmonious and complex way, and for all the staff and equipment arrangements necessary to enhance healthy mental and physical development.
- Take responsibility for their decisions and the consequences of their pedagogical activity during the educational process.
- As a reflective preschool teacher and autonomous personality, they are conscious leaders of their own professional development.
- Can develop their already existing digital competencies, skills and knowledge as well as acquire new competencies with the help of self-study or organised training programmes.

Responsible for course: Dr. Gombás Judit PhD, college associate professor

Other teacher involved in course: Hollósi Cecília Mária, assistant lecturer, PhD student